

# Esthetician's Practical Exam Tips for Ohio

## **Examination Admittance Information:**

Esthetics Candidates must bring their Board photo with Board seal and Board ID number, along with identification, either: current driver's license, Federal or State picture ID, military identification, passport, current school ID with date. Failure to do so will result in the candidate having to reschedule the examination date. Both picture IDs must be presented before test results will be given.

Candidates arriving after the examination check-in process is complete won't be permitted to take any exam. In such a case the candidate must reschedule the examination. If you do not show up at your scheduled examination or can't be admitted to the exam for any reason, you will lose your exam fee. To reschedule an exam you must submit a Reschedule Form and pay the fee once more. Exam costs are non-refundable and non-transferable to another date.

**No Smoking Policy:** The use or disposal of cigarettes or any other tobacco product is not allowed in the building or on the premises of the Board office. Candidates and guests of the Board may smoke in their own cars.

## **Exam Center Rules:**

- Manufacturer's labels must be present on all disinfectants and hand sanitizers. Disinfectant labels must display EPA registered, Hospital Effective, and list virucidal, bactericidal, and fungicidal and be effective against HIV-1 and human Hepatitis B Virus or Tuberculocidal. Labels must be original or photocopied and easily readable. Typed or hand-written labels aren't acceptable.
- Candidates are required to follow all appropriate infection control and public protection protocols during all steps of the examination. In the event of a blood spill all candidates are expected to follow the Universal Precaution standards.
- Leaving an exam room without permission is not allowed. To leave the exam room for any reason permission must be obtained. This includes restroom breaks or leaving on completion of the examination.

- Candidates must bring their own supplies. Such supplies should be in sanitary condition. This includes having the implements in good working order, having mannequin heads and hands, and any supplies that may be required to complete the exam.
- Any procedure that necessitates a demonstration using a chemical will be completed by using a simulated product.

**Prohibited at any time during examination:**

- Cellular phones, pagers, and so on cannot be use in any examination room.
  - Texting/SMS during any time during examination including during bathroom breaks.
  - Printed materials, notes, and supply & procedure lists are not allowed in the exam room.
  - Writing or notes on hands, arms... anywhere on the body or clothes, that could aid in answering or performing of any part of the examination.
  - Numbering of products or supplies to help in proper order of use during all procedures.
  - Unauthorized copying of test materials for distribution.
  - Talking to other candidates or borrowing supplies during the exam.
- Not complying with the prohibited acts or examination center rules will result in being dismissed from the exam. In case of dismissal there will be a thirty-day (30) period before rescheduling is permitted.

Candidates must use a mannequin for all parts of the practical exam. Live models are not allowed.

**Mannequin Head Requirements:**

Mannequin heads shouldn't have any makeup in order to be properly evaluated for the cleansing part of the exam. Mannequin heads are required to have eyebrows for proper evaluation of the hair removal part of the exam. Mannequins with writing on them that can help in the exam aren't allowed during any part of the practical exam. All mannequin heads will be assessed before the exam begins. Candidates with mannequin heads not meeting requirements won't be allowed to take the exam and therefore must reschedule.

**Exam Suggested General Supplies**

- Hand Sanitizer
- Disinfectant
- First Aid Supplies - this includes the Blood Spill Kit
- Head clamp for Mannequin
  - 3-4 disposal bags
- Protective latex or other gloves
- Towels - cloth and or paper
- Water Bowl
- Hair drape
- Cotton products/Tissues
- Disposable applicators or spatulas
- Simulated Product - Cleansing/Massage/Mask
- Simulated Product - Astringent/Toner/Antiseptic
- Simulated Soft Wax Product
- Product for Wax Removal
- Fabric Strips
- Tweezers

### **Esthetician References**

- Salon Fundamentals Esthetics 2004 edition
- Milady Standard Esthetics 2009
- Milady Standard Esthetics 2013
- [www.pivot-point.com](http://www.pivot-point.com)
- [www.milady.cengage.com](http://www.milady.cengage.com)

### **Esthetician's Practical Exam**

The esthetician's practical exam is made up of the following areas. All candidates will be tested on the following:

## **Set Up and Client Protection. (Time allowed: 15 minutes)**

**Verbal Instructions:** Following all safety standards and infection controls you will set up all supplies that will be used during your examination. You will also do client protection at this time. You have fifteen minutes for your set up procedure. You will be told when you have ten minutes and five minutes left.

**Procedure:**

- Disinfection of work area
- Dispose of all used/soiled materials
- Properly sanitize hands
- Proper application of hair drape
- All sanitizers & disinfectants show manufacturers label in English language
- Follow all infection control standards
- Maintenance of work area in a safe manner

**Cleanse/Steam (five minutes per cleansing)**

Verbal Instructions: You will now do the cleanse and steam part of this examination.

You will have five minutes to cleanse the face and remove the cleansing product. Once the cleansing and removal is complete please remain behind your mannequin and wait for an examiner to instruct you to perform the steaming part of the procedure.

**Procedure:**

- All cleansing/steaming products and supplies will be labeled in English language
- Implements and tools are visibly clean
- Hand sanitation is done
- Cleanser is removed using infection control standards
- Lips are cleansed from corner to center of mouth
- Proper cleansing of eyes
- Proper cleansing of entire face
- Cleanser is removed from face without pulling or dragging skin

**Final Appearance**

- Make-up and cleanser is completely removed from the face
- Hair drape is maintained throughout entire procedure

**End of Task**

- Soiled materials are disposed of
- Infection control standards are followed
- A safe work area is maintained

### **Steaming**

- Excess water is wrung from towel
- Temperature of towel is tested
- Towel is draped over the face appropriately exposing nose and/or mouth
- Towel is removed from face properly
- Toner/astringent is properly applied

### **End of Task**

- Hair drape is maintained throughout the procedure
- Soiled materials are disposed of
- All infection control standards are followed
- A safe work area is maintained

## **Extractions (this section is not timed)**

**Verbal Instructions:** You will now perform the extraction portion of this exam. You will be instructed individually by an examiner to execute the extraction technique.

### **Procedure:**

- All extraction products and supplies are labeled in English language
- Implements and tools are visibly clean
- Sanitizes hands properly
- Wears eye protection
- Puts on gloves
- Material wrapped finger or cotton swab is made damp with astringent/toner
- Gently presses in downward on both sides of pore
- Correctly applies toner/astringent to area of extraction

### **End of Task**

- Hair drape is maintained throughout the procedure
- Soiled materials are disposed of
- All infection control standards are followed
- A safe work area is maintained

# Hair Removal (this section is not timed)

**Verbal Instructions:** You will now do the hair removal part of this examination.

You will be individually instructed to accomplish the tweezing procedure, and then go on to waxing.

## **Procedure:**

### **For tweezing**

- Tweezing products and supplies are labeled in English language
- Tools and implements are visibly clean
- Gloves are worn
- Antiseptic/astringent/toner is properly applied to eyebrow area
- Skin is held taut
- Hair is removed from below the brow line
- Hair is removed in quick motions and in the direction of hair growth
- Soothing product/post epilation is properly applied

### **End of Task**

- Hair drape is maintained throughout the procedure
- Soiled materials are disposed of
- Infection control standards are followed
- A safe work area is maintained

### **Hair Removal**

- Soft Wax
- Waxing products and supplies must all be labeled in English language
- Tools and implements are visibly clean
- Gloves are worn
- Proper application of antiseptic/astringent/toner substitute to eyebrow area
- Powder or corn starch is used to dry the brow area
- Temperature of wax product is tested
- Wax product is applied under the entire brow line
- Wax product is applied in the direction of hair growth
- Application of wax product in a thin and even layer
- Fabric is gently pressed over the wax product in the direction of hair growth

- Skin is held taut
- Fabric is removed quickly in direction opposite of the hair growth
- Pressure is applied to waxed area
- Skin is cleansed with wax remover
- Soothing product is applied

### **End of Task**

- Hair drape is maintained throughout the procedure
- Soiled materials are disposed of
- All infection control standards are followed
- Safely maintains work area

## **Mask and Massage (five minutes per mask)**

**Verbal Instructions:** You will now do the massage and mask part of this examination.

You will have five minutes to put the mask product on the face; once the mask is finished an examiner will direct you to remove the mask and apply the massage product. The examiner will direct you to begin demonstrating the massage techniques of tapotement, effleurage, petrissage, and friction. So do not begin to perform the massage procedure until the examiner directs you to.

### **Procedure:**

#### **Facial Mask**

- All mask products & supplies must be labeled in English language
- Implements and tools are visibly clean
- Removes product from container using infection control standards
- Applies mask properly to entire face
- Doesn't get product on/in eyes, lips and nasal passages
- Even application of the mask
- Mask removal complete free of dragging or pulling the skin
- Complete removal of mask product from face
- Toner/astringent is applied

## **Massage**

- Massage products and supplies are clearly labeled in English
- Implements and tools are visibly clean
- Sanitizes hands
- Takeses product from container using infection control standards
- Proper application of massage product to the face

## **Demonstration**

- Demonstration of Effleurage movements
- Demonstration of Petrissage movements
- Demonstration of Tapotement movements
- Demonstration of Friction movements
- Massage product removal without dragging or pulling the skin
- Massage product completely removed from face

## **End of Task**

- Hair drape is maintained throughout procedure
- Soiled materials dosposed of properly
- All infection control standards are followed
- Safely maintains work area

# **Dress Code Requirements for Examination**

All students must be dressed in professional clothes to be admitted to participate in the Ohio State Board licensure examinations. Please review the standards below for complete information on the dress code.

- Clean outer garment
- Clean, close-toes shoes
- Examinees wearing mini-skirts, shorts, halter tops, tank tops, graphic T-shirts with logos unrelated to a school and tattered clothing will not be allowed in the test center and must reschedule.